



Arlington Patriots Monthly

Volume 2: Issue 4 December 2018



Important Dates...

Tuesday, December 4th
Arlington Elementary School Night with the Pacers
 (Tickets had been ordered from info on the flyer sent home)

December 3 - 7
Secret Santa Shopping
 during your child's library time

Wednesday, December 12th
Buffalo Wild Wings Night

Thursday, December 13th
PTO Meeting @ 6pm

Friday, December 14th
Movie Night with Santa

Tuesday, December 18th
Giordano's Spirit Night

December 19 - January 2
Winter Break
Happy Holidays and Happy New Year!

Thursday, January 3rd
School resumes

Arlington School Info

Phone: 317-782-4274
 Attendance: 317-803-5236
 Fax: 317-784-6698

Mrs. Morris, Principal
 Mrs. Eck, Counselor

Daily School Schedule

M, T, Th, F
 8:50am - 3:50pm
 Wed only
 8:50am - 3:20pm

Dear School Family,

You may have seen the following letter on Social Media. As our testing dates draw near, I wanted to share the following letter. The author is unknown but I know the sentiment is felt by our staff at Arlington Elementary.

Dearest Students,

Soon (you will take our DIBELS, Airways, ILEARN, and/or IREAD-3 assessment). I know how hard you have worked, but there is something very important you must know.

The (DIBELS, Airways, ILEARN and IREAD-3) tests do not assess all of what makes you special and unique. The people who create these tests and score them do not know each of you like I do, and certainly not the way your families do.

They do not know that some of you speak two languages, or that you love to sing or draw. They have not seen your natural talent for dancing. They do not know that your friends count on you to be there for them, that your laughter can brighten the darkest day, or that your face turns red when you feel shy. They do not know that you participate in sports, sing in the choir, wonder about the future, or sometimes, you help with your little brother or sister after school. They do not know that you are kind, trustworthy, and thoughtful...and every day you try your very best.

The scores you will get from these tests will tell you something, but they will not tell you everything. These tests do not define you. There are many ways of being smart. YOU are smart! YOU are enough! YOU are the light that brightens my day and the reason I am happy to come to work each day. So, in the midst of all of these tests, remember that there is no way to "test" all of the amazing and awesome things that make you, YOU. All I ask is that you do your personal best and do not give up. You have been ready for this since Kindergarten and are ready! I believe in you!

Love,
 Unknown

As your child's principal, I am often reminded of all of the amazing things that make your child unique. My hope is that when your child leaves Arlington Elementary he/she is filled with confidence, has the ability to always do his/her best even after he/she fails, and has developed the strength to do what is right even when what's right, is not popular. I want to thank you for allowing me to be one of the people that ensures your child is prepared for life. Thank you for allowing me to be a part of your child's education.

Your principal,
 Melissa Morris

This is a reminder that we need all transportation changes to be made before 3:00 by contacting the front office. When changes are made after 3:00, it is difficult to ensure that everyone that needs to be aware of your child's change in transportation is informed. Only emergencies will be accepted after 3:00. Thank you for helping us keep everyone safe!!!

Miss Weisenbach by. Jose B.

She went to Ball State University. She has no children, but she is getting married this summer. Her favorite color is purple. She likes to watch the Pacers (basketball). This is her 5th year teaching, but her 1st year at Arlington. She became a teacher because her sister inspired her. Her favorite part about teaching is that she likes to make a positive impact and watch children grow.





Parent Information and More...



Talking to Children About Violence: Tips for Parents and Teachers

High-profile acts of violence, particularly in schools, can confuse and frighten children who may feel in danger or worry that their friends or loved ones are at risk. They will look to adults for information and guidance on how to react. Parents and school personnel can help children feel safe by establishing a sense of normalcy and security and by talking with them about their fears.

1. **Reassure children that they are safe.** Emphasize that schools are safe. Validate their feelings. Explain that all feelings are okay when a tragedy occurs. Let children talk about their feelings; help put them into perspective and assist them in expressing these feelings appropriately.
2. **Make time to talk.** Let their questions be your guide as to how much information to provide. Be patient. Children and youth do not always talk about their feelings readily. Watch for clues that they may want to talk, such as hovering around while you do the dishes. Some children prefer writing, playing music, or doing an art project as an outlet and to help them identify and express their feelings.
3. **Keep your explanations developmentally appropriate.**
 - a. **Early elementary school** children need brief, simple information that should be balanced with reassurances that their school and homes are safe and that adults are there to protect them. Give simple examples of school safety, such as reminding children about exterior doors being locked, child-monitoring efforts on the playground, and emergency drills practiced during the school day.
 - b. **Upper elementary and early middle school** children will be more vocal in asking questions about whether they truly are safe and what is being done at their school. Discuss the efforts of school and community leaders to provide safe schools.
 - c. **Upper middle school and high school** students will have strong and varying opinions about the causes of violence in schools and society. They will share concrete suggestions about how to make school safer and how to prevent tragedies in society. Emphasize the role that students have in maintaining safe schools by following school safety guidelines (e.g., not providing building access to strangers, reporting strangers on campus, reporting threats to school safety that are made by students or community members, etc.); communicating any personal safety concerns to school administrators; and accessing support for emotional needs. School counselors are great resources for students to have these conversations, as well as parents.
4. **Review safety procedures.** This should include procedures and safeguards at school and at home. Help children identify at least one adult at school and in the community to whom they can go if they feel threatened or at risk.
5. **Observe children's emotional state.** Some children may not express their concerns verbally. Changes in behavior, appetite, and sleep patterns can also indicate a child's level of anxiety or discomfort. In most children, these symptoms will ease with reassurance and time. However, some children may be at risk for more intense reactions. Children who have had a past traumatic experience or personal loss, suffer from depression or other mental illness, or who have special needs may be at greater risk for severe reactions than other children. Seek the help of a school counselor or mental health professional if you are at all concerned. These professionals are available in all Franklin Township schools.
6. **Limit television viewing of these events.** Limit television viewing of tragic events and be aware if the television is on in common areas. Developmentally inappropriate information can cause anxiety or confusion, particularly in young children. Adults also need to be mindful of the content of conversations that they have with each other in front of children, even teenagers, and limit children's exposure to vengeful, hateful, and angry comments that might be misunderstood.
7. **Maintain a normal routine.** Keeping to a regular schedule can be reassuring and promote physical health. Ensure that children get plenty of sleep, regular meals, and exercise. Encourage them to keep up with their schoolwork, extracurricular activities, and time with friends.
8. **Reach out for help.** If you have concerns about your child's well-being, reach out to your child's school counselor or to the district's mental health specialist for guidance. We are here to support our students and school communities.

Dr. Kristy Eaton

District Mental Health Specialist

2018-2021 Robert Wood Johnson Clinical Scholar Fellow

kristine.eaton@ftcsc.org

(317)803-5420



What's going on at Arlington?



Top Ten Gifts for All Elementary Ages By Hailee Flanagan

Do you know the top ten gifts for kindergarten -2nd. Well, let me tell you them.

1st on the list is a Alex toys super art studio with paper roll..

2nd is an Anki Cozmo

3rd is a Art lab for kids.

4th is a boogie board .

5th is a crayola light up tracing pad

6th is a creative extra large stuff-n-sit.

7th is a easy bake ultimate all stars edition.

8th is the sneaky snacky squirrel.

9th is a easy roller classic ride on.

10th is a fat brain teeter totter.

The top ten gifts for 3rd -5th ,

1st furreal things is torch my blazin dragon

2nd is the googly eyes game

3rd is a hasbro monopoly gamer set

4th is a hatchimals glittering garden by spin master

5th is a heart to heart kids floor pillow

6th K&Company smash folia

7th is a super spiral 75- piece jumbo kit

8th are beyblades

9th is a make your own movie kit

10th is a STEM exploration



Santa Shop: Dec. 3-6

Ho, Ho, Ho! Santa Shop is coming! Santa Shop will be here during the first week of December. It will allow kids to shop during their library times for the upcoming holiday season. Type in the address below for details and volunteer information!

<http://rmd.me/LstuodTUHrV>

Your child's shopping day is on the day your child has library! Read the flyer that was sent home the last week of November for more details.



The history of Hot Chocolate

By: Abby D.

Hot Chocolate originated(started) in Mexico. The Mayans were drinking chocolate made up of ground cocoa beans and other ingredients, very different than the hot chocolate we know and love. They would mix the drink by pouring from one pot to the other until a thick foam appeared and then they would enjoy it cold.

Then it made its way to Europe.

In the early 1500s, explorer Cortez brought cocoa beans and the tools to make the chocolate beverage. It gained its popularity and was adopted by the court of King Charles V as well as the Spanish upper class men. The Spanish were very protective over their beverage and it was over 100 years before it spread word to Europe. Up until the 19th century it was a treatment for all kinds of illnesses but now is known as a delicious warm drink for all. I hope you enjoyed learning about hot chocolate.

Kids Talents at Arlington

By Devyn

1. Myiah Anderson, Softball 1st grade

Myiah won a championship and a regular season on softball. Myiah and her team cheered the other teams in the championship and she plays farly.

2. Nevaeh Pardue, Jump roping 4th grade

Nevaeh's favourite activity is jump roping. She would like to join the Indy Air Bears and become a famous jump roper. She is a awesome Jump roper.

3. Nora Allen, Basketball 5th grade

Nora started to play basketball when she was 5. She is awesome at it. Basketball is her favorite sport. She is on the basketball team called the Rockets.

4. Caydence Stout, Drawing 5th grade

Caydence started drawing when she was 2. She likes drawing Anime and Manga.



All About the Kids



Lifeline of the month

By Hailee F.

The lifeline of the month is integrity. Integrity means to do the right thing when nobody's watching. Here are some examples of integrity: if someone is bullying your friend you could stand up for that friend, or confront an adult, or if someone falls down you could help them up again.

Integrity really just means to do the right thing when no one is watching.



Football Facts

By Lorenzo

The game of football was created 98 years ago on August 20, 1920. Green Bay has the most titles with 13. The most recent title holders are the Philadelphia Eagles. There are currently 32 teams in the NFL which used to be the APFA (American Professional Football Association). The NFL has the highest average attendance (67,591) of any professional sport league in the world. That is all about the amazing sport of Football.



Miss Jen

By Lorenzo Jones

Q: What made you become a custodian?

A: I like to help people

Q: Where is the hardest spot to clean up?

A: the bathroom

Q: What high school did you go to?

A: East central high school

Q: What did you want to be when you were younger?

A: I wanted to be a teacher

Q: Do you have any siblings?

A: I have 1 older brother

Q: Do you have any kids?

A: I have 3 kids



About Mrs.Garrison
By Noah Leal

Q1 Do you have any pets?

A: 2 Dogs

Q2 What high school did you go to?

A: Warren central

Q3 What college did you go to?

A: WGU

Q4 Do you have any kids?

A: No

Q5 If you weren't a teacher what would you be?

A: A scientist

Q6 What is your favorite color?

A: Purple

Q7 What's your favourite animal?

A: A Elephant .

Q8 Why did you want to become a teacher?



A: To help students Learn and grow.

Random Fact

Christmas wasn't declared an official holiday until June 26, 1870.